VEGAN NAMELAKA (BASIC RECIPE)

CHOCOLATE FILLING CREAM SIMILAR TO A WHIPPED GANACHE, IT DIFFER FOR IT'S DELICACY AND STABLE STRUCTURE.

DIFFICULTY LEVEL B B B







STEP 2

INGREDIENTS

PLANT BASED MILK - SOYA	g 250
GLUCOSIO	15
SINFONIA VEGAN M*LK DF	g 340
100% VEGETABLE CREAM	g 200
	g 4

FINAL COMPOSITION

- -Heat the milk with the glucose and soy lecithin to about 60°C.
- -Add the chocolate (and possibly the flavoring paste) while continuing to mix.
- Add the cold entirely vegetable cream slowly while continuing to mix.
- -Cover with cling film and refrigerate for at least 4 hours.
- Whip in a planetary mixer at medium speed with a whisk until the required consistency is obtained (about 1 minute).
- -Namelaka can be used for filling desserts even without whipping it, it will have a creamy and moderately jelly-like consistency.
- -Namelaka must be preserved and consumed at a positive temperature (5°C).





RECIPE CREATED FOR YOU BY MARCO DE GRADA

PASTRY CHEF, CHOCOLATIER AND BAKER

