



FRUIT SMOOTHIES

GUSTI: MANGO E TROPICALE

INGREDIENTS

| | |
|-----------------|---------|
| WATER | g 1.000 |
| FRUTTIDOR MANGO | g 1.000 |
| SUCROSE | g 100 |

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

INGREDIENTS

| | |
|--------------------|---------|
| WATER | g 1.000 |
| FRUTTIDOR CILIEGIA | g 1.000 |
| SUCROSE | g 150 |

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: PERA E MELA

INGREDIENTS

| | |
|----------------|---------|
| WATER | g 1.000 |
| FRUTTIDOR PERA | g 1.000 |
| SUCROSE | g 250 |

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

INGREDIENTS

| | |
|-----------------|---------|
| MILK 3.5% FAT | g 1.000 |
| FRUTTIDOR MANGO | g 1.000 |
| SUCROSE | g 100 |

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: PERA E MELA

INGREDIENTS

| | |
|----------------|---------|
| MILK 3.5% FAT | g 1.000 |
| FRUTTIDOR PERA | g 1.000 |
| SUCROSE | g 200 |

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: MANGO, TROPICALE CILIEGIA, AMARENA, FRAGOLA, ARANCIA, ALBICOCCA, FRUTTI DI BOSCO, LAMPONE, MIRTILLO, PESCA

INGREDIENTS

| | |
|-----------------|---------|
| MILK 3.5% FAT | g 500 |
| FRUTTIDOR MANGO | g 1.000 |
| SUCROSE | g 150 |
| LOW-FAT YOGURT | g 500 |

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK

GUSTI: PERA E MELA

INGREDIENTS

| | |
|----------------|---------|
| MILK 3.5% FAT | g 500 |
| FRUTTIDOR PERA | g 1.000 |
| SUCROSE | g 220 |
| LOW-FAT YOGURT | g 500 |

PREPARATION

FRUIT SMOOTHIES WITH FRUTTIDOR AND MILK



RECIPE CREATED FOR YOU BY MARCO DE GRADA

PASTRY CHEF, CHOCOLATIER AND BAKER