

MILK CHOCOLATE AND PISTACHIO DRAGEES

SANDED PISTACHIOS

INGREDIENTS		PREPARATION
	g 900	Bring water and sugar to 118°c
CASTER SUGAR	g 550	Combine the pistachios and fleur de sel, sandblast and store in airtight containers
WATER	g 200	
FLEUR DE SEL	g 4	
DRAGEES		
INGREDIENTS		
PISTACHIOS - SANDED	g 1000	
SINFONIA CIOCCOLATO LATTE 38%	g 2000	

POLISHING PROCESS

INGREDIENTS		PREPARATION
WATER	g 200	Heat the three ingredients to 65°C.
SUGAR	g 100	Mix the oil and lecithin with a mixer then leave to cool.
- ARABICA	g 100	Mix again.
	g 12	
		Start the process by pouring the polish into the machine, 0.3%, 3 grams for each kg of product, to
		distribute it correctly



FINAL COMPOSITION

Before the processing phase, distribute a layer of chocolate on the walls of the empty pan, to facilitate the rolling of the fruit. Start processing with the fruit in the machine with:

- rotation speed 50%
- -air temperature 13°c
- -fruit temperature 20°c

insert the chocolate at 42-45°c, manually in small steps, or using the sprayer, waiting for complete crystallization with each addition before proceeding with the next one

At the end of the swelling phase:

-stabilize at 12-14°c for 6-8 hours

Resume the process to "smooth the chocolate":

- -air temperature 40°c
- -speed 60%
- -time approximately 30 minutes, until they are sufficiently regular

Finish processing to completely stabilize the product with:

- -air temperature 12°c
- -speed 60%
- -time approximately 30 minutes
- -possible to customize with cocoa, water-soluble dyes with alcohol

Remove the product and store at controlled temperature and humidity



RECIPE CREATED FOR YOU BY RICCARDO MAGNI

PASTRY CHEF

