



## GLUTEN FREE HAMBURGER BUNS

### DOUGH

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#### INGREDIENTS

PANE PIZZA & FOCACCIA GLUTEN FREE  
WATER - AT 37°C  
YEAST  
SALT  
CASTER SUGAR  
OLIVE OIL

g 1000  
g 900  
g 50  
g 30  
g 50  
g 100

#### PREPARATION

Dough temperature at about 30°C.  
-Mix all the ingredients at medium speed in a planetary mixer fitted with paddle for 5 minutes.  
-Place the dough over some flour or rice semolina  
-Roll out the dough to a thickness of about 2 cm.  
-Stamp using a pastry ring with a diameter of 9,5 cm for hamburgers stamp of 10 cm.  
-Place the dough into the stamps previously greased with oil.  
-Place in the proofer room at 30°C for about 1 hour.  
-Spray the surface with water and let the sesame seed adhere to the buns.  
-Bake at 230°C with plenty of steam for about 15 minutes.

#### ADVICES:

-Water temperature must be at 37°C to have best workability, growth and proofing of the final product.  
-It's possible to add to the basic recipe 100 grams of corn or buckwheat flour.