CARBONARA BRAIDS



PUFF PASTRY

INGREDIENTS		PREPARATION
GRANSFOGLIA	Kg 1	mix gran sfoglia with cold water, roll out and leave to rest covered in the fridge for at least 4 hours.
WATER - COLD	g 480	flake with the butter into plates and, alternating rests of 1 hour, fold 4 by 4.
	g 700	roll out to about 3mm and use to insert the filling, cut, and cook at 180 degrees for about 20 minutes.

SHEET DOUGH

INGREDIENTS	
PANDORA SALATA	Kg 1
FRESH YEAST	g 60
WATER - COLD	g 450
- PUFF PASTRY ALREADY DONE	g 750

PREPARATION

(g 1	Mix salted pandora	with yeast and	cold water until yo	u obtain a smooth dough

- spread out on a baking tray, cover and blast chill, leaving to rest in the fridge
- insert the already formed puff pastry block (750g) and give a 3 and a 4 fold,
- let it rest for a couple of hours and roll out to 3 mm

create strips: approximately 3cm x 8cm, cut inside and create braids.

leave to rise at 28 degrees for approximately 2 hours.

cook at 170 degrees for approximately 15 minutes



CARBONARA CREAM

INGREDIENTS	Р	REPARATION
CREMA SNACK	g 50 V	Whip up the snack
FRESH FULL-FAT MILK (3,5% FAT)	g 100 p	lace some cooked
LIQUID CREAM	g 100	
PASTEURIZED YOLK	g 20	
- PARMIGIANO	g 20	
SALT - NUTMEG, PEPPER	To Taste	

Whip up the snack cream with milk and cream, then add the other ingredients

place some cooked braids in the upper part, with additional parmesan and crispy bacon

FINAL COMPOSITION

decorate the braids with the cream in the centre, and add the crispy bacon together with further cheese and pepper



RECIPE CREATED FOR YOU BY CIRO CHIUMMO

PASTRY CHEF

AMBASSADOR'S TIPS

TO COMBINE WITH THE RAVIFRUIT WHITE PEACH COCKTAIL: 60ML RAVIFRUIT WHITE PEACH PUREA, 30ML ORANGE JUICE, 10ML LIQUID SUGAR, TONIC



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