

CHOUX ON TART: TROPICAL

MODERN SINGLE SERVE

DIFFICULTY LEVEL

CRAQUELIN		
INGREDIENTS		PREPARATION
ALL-PURPOSE FLOUR	g 160	Mix all the ingredients in a planetary mixer with the paddle attachment for about 2 minutes.
RAW SUGAR	g 160	Roll the dough in a thin layer between two sheets of parchment paper.
UNSALTED BUTTER 82% FAT	g 120	Cut out into discs with 2 cm diameter and store them in the fridge until you need to use them.

INGREDIENTS		PREPARATION
DELI CHOUX	g 200	Mix all the ingredients in a planetary mixer with the paddle attachment at medium speed for 10-15
WATER - AT 50/55°C	g 320	minutes.
		Let the the dough rest for about 5 minutes, then trasfer it into a pastry bag with a round noozle and
		pipe some choux with about 2 cm diameter onto baking trays lined with parchment paper.
		Place a disc of craquelin onto each choux and bake at 180-190°C for 25-30 minutes.

CRUNCHY INSERT

CHOUX

INGREDIENTS		PREPARATION
PRALIN DELICRISP TROPICAL - WARMED AT 30°C	To Taste	Spread the PRALIN DELICRISP between two sheets of parchment paper at 3mm height.
		Chill it for 10 minutes in the refrigerator and then cut it with a cookie cutter into 4 cm diameter disks.
		Store in the refrigerator until use.



FRUIT JELLY

INGREDIENTS		PREPARATION
FRUTTIDOR PESCA - AT ROOM TEMPERATURE	g 1000	Dissolve the LILLY in the water.
WATER - AT ROOM TEMPERATURE	g 200	Add to FRUTTIDOR and blend with immersion blender.
LILLY NEUTRO	g 200	

MANGO MOUSSE

INGREDIENTS	PREPARATION
LIQUID CREAM 35% FAT g 50	Whip all the ingredients in a planetary mixer equipped with a whisk until obtained a firm mousse.
WATER g 50	
LILLY NEUTRO g 50	
PASTA AROMATIZZANTE MANGO g 20	

COATING

INGREDIENTS

COVERCREAM BIANCO - WARMED ATY 40°C

To Taste

FINAL COMPOSITION

Place the crunchy insert on the bottom of the TARTELETTE CUP 5CM DOBLA.

Fill up to the edge with the fruit jelly and place a ROSETTE PINK/ WHITE DOBLA.

Fill the cold choux with the mousse and glaze them with the COVERCREAM.

Place the frosted choux on top of the TARTELLETE CUP.





RECIPE CREATED FOR YOU BY FEDERICO VEDANI

CHOCOLATIER AND PASTRY CHEF



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